

## NATIONAL SERVICE SCHEME: ANNUAL REPORT 2015-16

The college had two units of NSS. The following are the details of the programmes pursued by the units throughout the session 2015-16:

### Regular activities

- One day NSS camp and Teachers' Day Celebrations were held on September 4, 2015.
- NSS Executive body elections and 1 Day NSS Camp to Celebrate NSS Day with various competitions and Cleanliness drive was organized in the campus on September 24, 2015.
- World AIDS Day was held with a rally flagged off by Director Higher Education, Chandigarh Administration on December 1, 2015.
- One day Blood Donation camp was organized by NSS Units and Red Ribbon Club of the college on March 15, 2016.

### Special Camp

The NSS unit of the college organised a Special Seven Day NSS Camp from September 28, 2015 to October 4, 2015. Following events took place in seven days:

- Camp was inaugurated on the 28<sup>th</sup> Sept. by the State Liaison Officer, Mr. Bikram Singh Rana. Principal Dr. (Mrs.) Harsh Batra congratulated the volunteers for joining the camp in a large number and wished them well for the seven days of meaningful learning experiences during the camp.
- During the camp in seven days, the volunteers performed Yoga-asanas, Pranayams and meditation in the morning under the guidance of Sh. Balwinder Acharya, a veteran Yoga Expert from the tricity.
- The volunteers visited Govt. High School, Sector-52 (village Kajheri), Chandigarh and undertook the survey regarding cleanliness measures to improve sanitation facilities in this village school. They interacted with the students and imparted knowledge regarding Swachha Bharat Abhiyan and the need for pollution free environment and conservation of natural resources. The volunteers also planned and executed campus beautification drive and planted of 20 (twenty) herbal saplings in the school campus. The in-charge teacher of the school Ms. Daljit Kaur appreciated the

efforts of college NSS units for this noble initiative and thanked the volunteers as well as NSS programme officers.

- Prof. S. K. Arya, Prof. of Ophthalmology and In-Charge Eye Bank, GMCH-Sector-32 Chandigarh delivered an awareness lecture on Eye Donation in the country. He highlighted the importance of this noble cause and motivated the volunteers for taking the pledge for eye donation.
- Heats of volleyball and indoor games took place in the evening where the volunteers enjoyed the games.
- Prof. R. K. Dhiman, Head of the dept. of Hepatology and In-Charge, Organ Donation Cell of PGIMER, Chandigarh delivered an awareness lecture on Organ Donation in the country. He highlighted the importance of this noble cause and motivated the volunteers for taking the pledge for organ donation.
- The volunteers also visited RIMH, Sector-31, and The Blind School, Sector-26 as well as Old Age Home Sector-15 along with their teachers.
- Mr. Gurmit Singh, Chief Fire Officer of Fire Dept. along with Mr. Navin Kumar and the team interacted with the students on fire safety and demonstrated the fire fighting operations in action in the college premises.
- Prof. K.P.S Shante, Dean PGGCG-42 and head of the Dept. of Geography delivered a motivational lecture and interacted with the volunteers inspiring them to work with dedication for excellence in life. The volunteers also carried out cleanliness drive in the college campus as part of the Rashtriya Swachchhata Abhiyana.
- Groups of volunteers went for door to door survey of Sector-29, Chandigarh regarding the DBT (Direct Benefit Transfer) Scheme of the Government of India and the need for Skill Based Vocational Courses of these households.
- Birth anniversaries of Gandhi ji and Sh. Lal Bahadur Shastri were celebrated on Oct.02, by presentations of Bhajans and songs as well as a organizing a debate competition on the theme "Relevance of Mahatma Gandhi and Lal Bahadur Shasrti for the youth of the country in Modern Time"

- The NSS volunteers along with their teachers Dr. Sheojee Singh and Dr. Nisha Singh observed International Day of Non Violence through the presentations of volunteers and a group discussion on the Concept and need of Non Violence in our day to day life.
- A special lecture cum interaction session was organized for the volunteers to make them aware of traffic rules and road safety measures. The Chief Marshal (traffic) of Chandigarh Traffic Police Mr. Gurnam Singh along with Mr. Naveen Kumar, Ms Pooja and Mr. Paramjit Singh from the Chandigarh Traffic Police interacted with the volunteers.
- The volunteers also discussed the possibilities and challenges in making India plastic free thereby saving the environment from further degradation.
- Various cultural items with powerful social messages were presented by the volunteers in the concluding session. Experiences were also shared and prizes for various events were announced by the Chief Guest of the day, Dr. Anurag Sankhian.
- Annual Prize Distribution Function of NSS was held in May, 2016 where the students were given away prizes for their achievements by Prof. Vandana Mehra, Chairperson, Department of Education, Panjab University, Chandigarh.